Frequency transfer via a two-way optical phase comparison on a multiplexed fiber network

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We performed a two-way remote optical phase comparison on optical fiber. Two optical frequency signals were launched in opposite directions in an optical fiber and their phases were simultaneously measured at the other end. In this technique, the fiber noise is passively canceled, and we compared two optical frequencies at the ultimate 10^{-21} stability level. The experiment was performed on a 47 km fiber that is part of the metropolitan network for Internet traffic. The technique relies on the synchronous measurement of the optical phases at the two ends of the link, which is here performed by digital electronics. This scheme offers some advantages with respect to active noise cancellation schemes, as the light travels only once in the fiber. © 2014 Optical Society of America

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The advent of optical clocks has enabled frequency metrology to achieve the 10^{-18} level of uncertainty [1]. These extremely high performances pave the way for a number of applications in fundamental physics, high-resolution spectroscopy [2], and relativistic geodesy [3], but at the same time, they require an adequate technique to perform frequency comparisons between distant clocks. Phase-compensated optical links have proved to be reliable from this point of view and outperform stateof-the-art satellite techniques by orders of magnitude [4]. The transmission of RF and microwaves [5–9], optical frequencies [10–13], and an optical comb [14] have been demonstrated, and time dissemination has recently been performed as well [15–17]. In coherent optical links the phase noise added by the fiber due to environmental noise is actively canceled. This is obtained by delivering an optical signal to the remote end and by reflecting a part of the transmitted radiation back to the local laboratory. Here, the round trip signal is compared to the original one, and the phase noise added by a double pass in the fiber is detected and compensated with a phaselocked loop (PLL). Active noise cancellation allows the delivery of an optical frequency over hundreds of kilometers, with a stability at the 10^{-20} level.

The bridging of long distances poses several issues: the beatnote between the local and the round trip signal is often deteriorated by undesired backreflections and optical and electrical wideband noise and is detected with a poor signal-to-noise ratio (SNR). In addition, amplitude modulation may occur, especially if optical amplifiers are used along the way. In most cases, a clean-up tracking oscillator is required to filter the wideband noise and eliminate amplitude modulation. However, if the SNR at detection is low, the clean-up oscillator is affected by cycle slips, which result in glitches and possible frequency biases on the delivered signal [18]. Cycle slips may also happen with nonstationary noise events or if the tracking oscillator bandwidth is too low.

In this work, we investigate an alternative technique for comparing distant ultrastable lasers that does not require the active fiber noise cancellation. The noise is canceled by data postprocessing analogous to two-way methods, such as satellite links for frequency transfer [4]. Two lasers, with a coherence length longer than the fiber haul, are injected in the link at the two opposite ends and travel along the fiber. Their optical phases are measured at the other end against the local laser. If the same fiber is used in both directions, and the phase measurement is synchronous at the two ends, the link noise is canceled when comparing the two datasets. With this technique, the beatnotes are less sensitive to optical losses, noise, and backreflections, thanks to the fact that light travels only once in the fiber. The main requirement is the synchronous phase comparison: in our system, two tracking direct digital synthesizers (DDSs) [19] measure the optical phases at each fiber end with negligible delay and no dead time [20,21].

Digital implementation is reliable and can be upgraded to perform other tasks, such as time dissemination, with reduced costs and easier replication than modem-based systems. Furthermore, this setup may be useful for novel applications of fiber links, such as the investigation of nonreciprocal effects in large fiber loops [22].

This Letter describes the optical and the electronic systems. Then, it reports on the results, highlighting advantages and limitations of this technique.

In this work we consider the comparison of two ultrastable lasers at 194 THz separated by a 47 km fiber that is part of the metropolitan fiber network. This fiber is used for Internet data traffic and is implemented on a dense wavelength division multiplexing architecture, with ~23 dB of optical losses. The 44th channel of the International Telecommunication Union grid (wavelength 1542.14 nm) has been dedicated to our experiment, while Internet data are transmitted on the 21st and 22nd channels, 2 THz away. The fiber has both ends in our laboratory, and the same laser was used in the two directions to investigate the ultimate stability of this scheme. The setup is sketched in Fig. 1. The ultrastable frequency signal at 194 THz was provided by a fiber laser

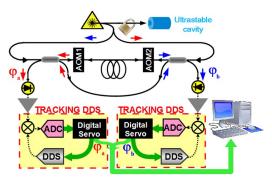


Fig. 1. The optical apparatus and the electronic system. AOMs, acousto-optic modulators; ADCs, analog to digital converters; DDSs, direct digital synthesizers.

frequency locked with the Pound-Drever-Hall technique to a Fabry-Perot high-finesse cavity (120,000) made of Corning Ultra Low Expansion glass. The resulting laser linewidth is about 30 Hz [23]. The laser was split into two parts that simulated two different lasers located in distant laboratories. At each side, part of the radiation was injected into the fiber, while the remaining radiation served as a local oscillator. We used two acousto-optic modulators (AOMs) at about 40 MHz frequency separated by nearly 500 kHz to distinguish the signal coming from the far fiber end from the stray reflections. Two optical add-drop multiplexers were used to inject and extract our signal from the multiplexed fiber network. At each side, the beatnote between the local and the received light was detected with a photodiode, filtered and amplified; then, its phase φ_a (φ_b) was tracked and measured with a system based on a DDS. The phase discriminator is a double balanced mixer. Its output is digitalized through an analog-to-digital converter (ADC) and fed to a servo that calculates the correction for the DDS. Within the PLL bandwidth, the sequence of data sent to the DDS coincides with the tracking phase. This data stream gives direct access to the beatnote phase, without the need for additional instrumentation, such as fast Fourier transform spectrum analyzers or phase/frequency meters. A field programmable gate array (FPGA) implements the PLL controllers and guarantees the synchronization at the µs level. Also, it averages data, thus unambiguously setting the measurement bandwidth. In this implementation the DDS does not act only as a filter, as in classical schemes that rely on voltage controlled oscillators (VCOs) [24], but as a phase-measurement unit as well. In addition, DDSs have a wide output frequency range, providing additional flexibility to the experiment.

The noise and quantization of the DDS and the ADC are negligible in this kind of application. This is because we deal with optical frequencies, in which the typical phase noise is much higher than any contribution from the electronics. This system has a tracking bandwidth of about 20 kHz, limited by the serial driving of the DDS. This is the minimum bandwidth required by this link, as demonstrated by the presence of some cycle slips (about 10 per hour). By parallel driving the DDS, a bandwidth of up to 1 MHz is feasible, which is suitable for hauls of hundreds of kilometers. In practice, the bandwidth of the DDS-based PLL must be such that the phase error at closed loop is minimized, to prevent cycle slips [18].

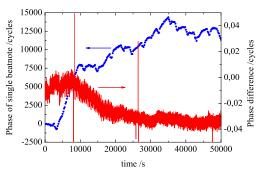


Fig. 2. Phase of one of the two independent beatnotes (left-hand axis, blue circles) and of their difference (right-hand axis, red line). One cycle is about 5 fs.

Hence, it must be adequate to track the fiber acoustic noise but, at the same time, the phase noise floor must be sufficiently low. Thus, the real limitation to the tracking bandwidth is the SNR at detection. In this sense, as is explained below, the two-way scheme is advantageous, allowing full benefit of the 1 MHz bandwidth. Figure 2 shows the time evolution of the beatnote phases as measured at the two fiber ends and their difference. The fiber accumulated about 60 ps in 50,000 s, and noise was canceled at the 0.1 fs level when calculating the difference. The initial transitient and the residual noise of the phase difference were due to slow temperature changes of the laboratory that affected the short, noncommon optical fibers of the interferometer. The glitches appearing on the phase difference were due to occasional cycle slips. They were not an issue and have been removed off-line.

Figure $\underline{3}$ shows the phase noise spectral density (PSD) of one of the two beatnotes (blue line) and of the phase difference (red line). At Fourier frequencies f>1 Hz, the noise was due to optical length variations uncorrelated with position; the graph shows their expected contribution (black line). At low frequencies the noise was dominated by the short fibers that were not common in the two systems. Their contribution has been measured by replacing the 47 km fiber with a 1 m fiber and is compatible with the observed behavior at low frequencies.

The contribution from the noise uncorrelated with position, integrated over the whole fiber, can be evaluated considering the phase variation $\delta \varphi_{\rm F}(z,t)$ in each fiber segment as a function of position z and time t. Since

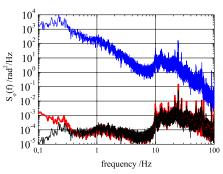


Fig. 3. PSD of the one-way signal (blue line), of the phase difference (red line), and the expected limitation due to uncorrelated noise (black line).

two counterpropagating beams travel along each position at different times, their phase difference $\delta \varphi_{\rm D}$ at the output is

$$\delta\varphi_{\rm D}(t) = \int_0^L \delta\varphi_{\rm F} \left(z, t - \tau + n \frac{z}{c} \right) dz$$
$$- \int_0^L \delta\varphi_{\rm F} \left(z, t - n \frac{z}{c} \right) dz, \tag{1}$$

where $\tau = n(L/c)$ and n is the refractive index of the fiber. After performing the Fourier transform of the autocorrelation function and integration, the PSD $S_{\varphi,D}(f)$ of the phase difference can be computed:

$$S_{\varphi,D}(f) = \frac{1}{3} (2\pi \tau f)^2 S_{\varphi,F}(f),$$
 (2)

where $S_{\varphi,\mathrm{F}}(f)$ is the PSD of the one-way fiber noise, and it has been assumed that the noise PSD does not depend on z [12]. Equation 2 holds in the spectral region where $2\pi f \tau \ll 1$. The expected contribution, shown in Fig. 3, is in agreement with the measurements.

In real links, most of the noise is uncorrelated with position. However, it is interesting to note that in principle, for those applications in which the noise is correlated, the noise limitation shown in Eq. (2) could be overcome.

Phase data can be differentiated to obtain the instantaneous beatnote frequency on both link ends. Phase data have been measured with an integration time of 1 s that corresponds to a measurement bandwidth of 0.5 Hz. The stability of the frequency difference is shown in Fig. 4 in terms of Allan deviation $\sigma_{\rm y}(t_{\rm a})$ as a function of the averaging time $t_{\rm a}$ and achieves 4×10^{-21} at 10^4 s. The mean frequency difference is $<4\times 10^{-21}$.

It is interesting to estimate the performance deterioration due to a not perfect synchronization of the samples. Following the same approach used to derive Eq. (2), the time mismatch can be modeled as an additional delay δ ; τ is then replaced by $\tau + \delta$. After some algebraic manipulation, and again assuming that the noise is uncorrelated with position, one ends up with

$$S_{\varphi,D}(f) = \left(\frac{1}{3}(2\pi\tau f)^2 + (2\pi\delta f)^2\right)S_{\varphi,F}(f),$$
 (3)

holding in the spectral region where $2\pi f(\tau + \delta) \ll 1$. A factor $3(\delta/\tau)^2$ deterioration is expected with respect to the optimal case, if a delay $|\delta| > \tau$ is introduced.

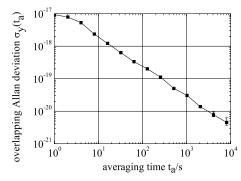


Fig. 4. Overlapping Allan deviation $\sigma_y(t_a)$ for the frequency difference on a bandwidth of 0.5 Hz.

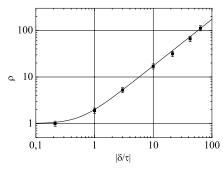


Fig. 5. Measured (squares) and calculated (line) degradation of the phase noise when an additional delay δ due to a bad synchronization is included. The graph shows $\rho = \sqrt{S_{\varphi,\mathrm{D}}(f)/S_{\varphi,\mathrm{D}}^0(f)}$ at f=1 Hz, where $S_{\varphi,\mathrm{D}}(f)$ and $S_{\varphi,\mathrm{D}}^0(f)$ are the PSD of delayed and synchronously subtracted phase samples, as a function of $|\delta/\tau|$.

This model was confirmed by the experimental data. We evaluated the phase noise increase of the phase difference for several values of δ . Figure 5 shows the value of the quantity $\rho = \sqrt{S_{\varphi,\mathrm{D}}(f)/S_{\varphi,\mathrm{D}}^0(f)}$ at f=1 Hz, where $S_{\varphi,\mathrm{D}}(f)$ denotes the PSD of the phase difference with delayed samples, and $S_{\varphi,\mathrm{D}}^0(f)$ denotes the PSD of the phase difference with synchronously subtracted samples. The graph shows the obtained points (black squares) and the calculated value (line), according to Eq. (3), as a function of $|\delta/\tau|$.

In practice, timing at the μs level is feasible and does not require continuous monitoring, as typical delay variations are negligible at this level [15]. Synchronization at the μs level is enough even for a short 47 km link (in which $\tau = 235~\mu s$), with a noise increase below 1%. Timing becomes less stringent for longer links. If data postprocessing is used, an algorithm can also be developed to minimize $S_{\varphi, D}(f)$, avoiding the need for a precise synchronization. This may be helpful if some segments of the link are much noisier than others, as the algorithm can be optimized to cancel their contribution.

In summary, we implemented a two-way optical frequency transfer technique on optical fiber, based on the remote synchronous measurement of the optical phase, and demonstrated its performance at the 10⁻²¹ level of stability. This scheme may be useful when a clock comparison and no frequency dissemination is needed. The difference of the two frequencies is at first order insensitive to the fiber noise, as two beams counterpropagate in the same fiber. Some technical limitations of actively compensated fiber links become less stringent, as in this setup each beam travels only once in the fiber. The optical carrier is affected by half-phase noise, by a lower wideband noise of optical amplifiers, and by less amplitude modulation; optical power and SNR at the two ends are higher, thus enabling a higher tracking bandwidth and the possibility of using fewer amplifiers. These aspects are especially desirable in long optical links and allow better signal tracking and significantly less cycle slips. The digital architecture allows fast tuning, and most system upgrades are feasible just with additional firmware. Moreover, the data of interest, such as phase, frequency, and signal power, are routinely measured inside the FPGA and can be monitored without any external instrumentation. Thus, this scheme is suitable for autonomous and remotely controlled link operation.

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